

Coaching & Athletic Administration

The purpose of this Kinesiology program is to prepare the student for successful graduate level study in the field of exercise and movement science, or to be a competent professional in the allied health or other human movement related professions.

Program Faculty

Dr. Heike McNeil, Ms. Tammara Bovee

Prerequisites for the Major

- General Psychology
- Personal Health and Wellness

Requirements of the Major

- CPR/First Aid
- Principals of Living Organisms with Lab
- Nutrition
- Functional Anatomy and Physiology with Lab
- Health Methods for the Exercise Science Professional
- Injury Care and Prevention
- Exercise Testing and Prescription
- Choose 1 from the Following:
 - Communication and Sport
 - Backpacking
 - Sport Nutrition
- Introduction to Coaching
- Coaching 2
- Principals of Management and Leadership
- Sports & Recreation Management
- Human Development
- Psychology of Sport
- Internship



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