

LANE COUNTY STABILIZATION CENTER & THE CHRISTIAN COMMUNITY.

Faith-based Mental
Health Resources in our Community

Lane County
Stabilization Center



Mental Health First Aid Training

Mental Health First Aid (MHFA) teaches you to identify, understand and respond to signs of mental health and substance use challenges among adults. Interested in receiving training in Mental Health First Aid for yourself or your organization? Contact Mental Health First Aid Oregon at 503-399-7201 or email: mpos@aocmhp.org.

Training & Resources

The National Alliance on Mental Health (NAMI) Oregon is a fantastic resource for support, educational materials, advocacy questions and concerns as well as training opportunities. To learn more call 503-230-8009 or visit <https://namior.org/>.

Suicide Prevention

Oregon Suicide Prevention is a resource for professionals and community members who want information and support for suicide prevention. For more information call 503-244-5211 or visit: <https://www.oregonsuicideprevention.org/>.

Self Care is Essential

In order to be equipped to offer support to those who need it, you must take care of yourself. Practicing self-care or recognizing the need to seek help for yourself can better equip you to deal with crisis and the difficulty of aiding someone with a mental health or substance use challenge.

Faith Based Community Resources

Adult Mental Health Services

Arise Counseling Center

541-321-2278 | 2440 Willamette St., Ste #201, Eugene
<https://arisecounselingservice.com/>

Bushnell Community Mental Health Clinic

541-349-7471 | 755 E 11th Ave., Eugene
<https://www.bushnell.edu/life-at-bushnell/wellness-safety/counseling-center/>

CAFA - Christians As Family Advocates

541-686-6000 | 921 Country Club Rd. #922, Eugene
<https://www.cafaweb.com/>

Cornerstone Counseling

541-686-8899 | 3003 Willamette St., Ste #5, Eugene
<https://eugenecounselor.com/>

Maker's Mark Counseling

541-740-3084
<https://makersmarkcounseling.godaddysites.com/>

Selah Counseling & Wellness

541-423-2633 | 175 W. B St., Bldg #H, Springfield
<https://selahcounselingandwellness.com/>

Stillwater's Counseling Center

458-209-4080 | 1050 Willagillespie Rd., Ste #103, Eugene
<https://www.stillwaterscc.com/>

Veritas Community Counseling

4541-275-0412 | 1717 Centennial Blvd., Ste #12, Springfield
<https://www.vccounseling.com/>

Addiction Recovery Services

Willamette Family (Rapid Access Center)

541-762-4300 | 195 W. 12th, Eugene
<https://wfts.org/medical-detox.htm>

Willamette Family (Buckley Detox)

541-343-6512 | 605 W. 4th Ave., Eugene
<https://www.wfts.org/sobering.htm>

Serenity Lane

541-262-0788
<https://serenitylane.org/>

Psychiatric Services

Betts Psychiatric

541-505-8621 | 725 Country Club Rd., Eugene
<https://www.bettspsychiatric.com/>

Unhoused Services

Eugene Mission

541-344-3251 | 1542 W. 1st Ave., Eugene
<https://www.eugenemission.org/>

Everyone Village

541-505-7597 | Eugene
<https://everyonevillage.org/>